



Week At a Glance

Menu: WLC F/W 24-25 (light dinner)

Week 1

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Banana Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty Pancakes Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Cheesy Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Gravy Biscuit Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Breakfast Muffin Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg (or) Hard Boiled Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty French Toast Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Spaghetti with Meat Sauce Green Beans Tossed Salad/Dressing Frosted Gelatin Poke Cake Breadstick Beverage	Fried Chicken Mashed Potatoes & Gravy Mixed Greens (A) Peach Dump Cake (FR) Dinner Roll/Margarine Beverage	Turkey Tetrazzini Steamed Broccoli (A) Mandarin Oranges & Bananas Dinner Roll/Margarine Beverage	Baked Ham Baked Potato w/Sour Cream & Margarine Candied Carrots (A) Cinnamon Baked Apples Dinner Roll/Margarine Beverage	Country Fried Steak Country Gravy Mashed Potatoes Buttered Peas Pumpkin Mousse (A) Dinner Roll/Margarine Beverage	Fish & Cheese Sandwich (or) Chicken Patty on Bun Macaroni & Cheese Green Beans w/ Bacon & Onion Rosy Applesauce Beverage	Apple Glazed Pork Loin Herb Roasted Potatoes Italian Blend Vegetables (A) Sherbet Dinner Roll/Margarine Beverage
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cheesy Potato Soup Deli Meat & Cheese Sandwich Pea Salad Fruit Cocktail Milk/Beverage	Beef Enchilada Casserole Confetti Corn Chips & Salsa Cookies Milk/Beverage	French Onion Soup w/CROUTONS Classic Patty Melt Crispy French Fries Fruited Gelatin with Whipped Topping (FR) Milk/Beverage	Beef & Bean Chili Tossed Salad/Dressing Brownie Cornbread/Margarine Milk/Beverage	Hot Sliced Pork on Bun Onion & Pickle Slice Baked Sweet Potato (A) Creamy Coleslaw Ice Cream Milk/Beverage	Homemade Cream of Tomato Soup Classic Grilled Cheese Sandwich Pineapple Tidbits Frosted Cake Milk/Beverage	Roast Beef & Swiss Sandwich Tater Tots Tossed Salad/Dressing S'more Pudding Parfait Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Week 2

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty Pancakes Banana Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Cheesy Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Gravy Biscuit Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Sausage Patty Breakfast Muffin Banana Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg (or) Hard Boiled Egg Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty French Toast Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Turkey Sweet Potato Casserole (A) Seasoned Spinach (A) Dinner Roll/Margarine Cinnamon Baked Apples Beverage	Baked Chicken with Onion Gravy Herb Stuffing Mixed Vegetables Frosted Gelatin Poke Cake Beverage	Resident's Choice (3 oz Pro/2 Grain/2 Veg) Beverage	Meatloaf with Ketchup Glaze Mashed Potatoes Creamed Peas Frosted Cake Dinner Roll/Margarine Beverage	Herbed Pork Roast Corn Casserole Country Green Beans with Bacon & Onion Pineapple Upside Down Cake Beverage	Breaded Cod (or) Cheeseburger on Bun Macaroni & Cheese Beets Dinner Roll/Margarine Peach Dump Cake (FR) Beverage	Chicken & Dumplings Buttered Carrots (A) Dinner Roll/Margarine Ice Cream Beverage
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Pepper Steak Garlic Parslied Rice Steamed Broccoli (A) Cookies Milk/Beverage	Polish Sausage on Bun Ranch Pasta Salad Marinated Slaw Fruit Cocktail Milk/Beverage	Chicken Noodle Soup Crackers Egg Salad on Croissant Cucumber & Tomato Salad Mandarin Oranges & Bananas Milk/Beverage	Chicken Alfredo Over Fettuccini Caesar Salad Fruited Gelatin (FR) Breadstick Milk/Beverage	Mexican Tortilla Casserole Refried Beans Buttered Corn Chocolate Pudding Milk/Beverage	BBQ Meatballs Oven Roasted Parmesan Potatoes Roasted Brussel Sprouts Blushing Pears Milk/Beverage	Garden Vegetable Soup Grilled Ham & Cheese Sandwich Tater Tots Applesauce Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Week 3

Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty Pancakes Banana Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Cheesy Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Gravy Biscuit Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Sausage Patty Banana Breakfast Muffin Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg (or) Hard Boiled Egg Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty French Toast Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Beef Mashed Potatoes Brown Gravy Mixed Vegetables Peach Dump Cake (FR) Beverage	Herb Roasted Pork Loin Baked Sweet Potato w/ Butter & Brown Sugar (A) Buttered Cabbage Cinnamon Baked Apples Dinner Roll/Margarine Beverage	Chicken Pot Pie Tossed Salad/Dressing Blushing Pears Dinner Roll/Margarine Beverage	Ham & Beans Fried Potatoes Mixed Greens (A) Sherbet Cornbread/Margarine Beverage	Italian Breaded Chicken Creamy Rice Broccoli Parmesan (A) Fruit Cocktail Dinner Roll/Margarine Beverage	Fish of the Day Classic Macaroni Salad Green Beans Hush Puppies S'more Pudding Parfait Beverage	Sloppy Joe Tater Tots Buttered Corn Rosy Applesauce Beverage
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Club Chicken Casserole Buttered Peas Cookies Garlic Breadstick Milk/Beverage	Broccoli Cheese Soup Turkey & Swiss Cheese Sandwich Potato Chips Pumpkin Mousse (A) Milk/Beverage	Chili Cheese Dog on Bun Tater Tots Fruited Gelatin (FR) Milk/Beverage	Chef's Choice (2 oz Pro, 2 Grain, 1 Veg., 1 Fruit) Milk/Beverage	Loaded Burger Bowl Steak Fries Ice Cream Bread/Margarine Milk/Beverage	Homemade Cream of Tomato Soup Deli Meat & Cheese Sandwich Creamy Coleslaw Mandarin Oranges & Bananas Milk/Beverage	Cheese Stuffed Shells w/ Marinara & Parmesan Italian Blend Vegetables (A) Cookies Breadstick Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Menu: WLC F/W 24-25 (light dinner)

Week 4

Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Banana Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty Pancakes Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Cheesy Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Gravy Biscuit Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Sausage Patty Breakfast Muffin Banana Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg (or) Hard Boiled Egg Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty French Toast Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Honey Glazed Turkey Cornbread Stuffing Buttered Carrots (A) Blushing Pears Beverage	Beef Goulash Tossed Salad/Dressing Fruit Cocktail Breadstick Beverage	Breaded Pork Chop Hot German Potato Salad Seasoned Spinach (A) Pumpkin Mousse (A) Dinner Roll/Margarine Beverage	Creamy Mushroom Chicken Garlic Buttered Fettuccini Zucchini & Onions Peach Dump Cake (FR) Beverage	Beef Stew Buttered Peas Biscuit Fruited Gelatin (FR) Beverage	Tuna Salad Sandwich (or) BBQ Riblette on Bun Crispy French Fries Stewed Tomatoes Sherbet Beverage	Unstuffed Peppers Over Steamed Rice Cauliflower Ice Cream Dinner Roll/Margarine Beverage
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Chicken BLT Sandwich Ranch Potato Wedges Pineapple Upside Down Cake Milk/Beverage	Broccoli & Cheese Strata Hashbrowns Sliced Peaches Brownie Milk/Beverage	Meatball Sub w/Cheese Tater Tots Pineapple Tidbits Cookies Milk/Beverage	Sausage & Corn Chowder Chef's Salad Apple Crumble (FR) Breadstick Milk/Beverage	Cauliflower Cheese Soup Turkey & Cheese Sandwich Pasta Salad Mandarin Oranges & Bananas Milk/Beverage	Herb Roasted Chicken Mashed Potatoes Broccoli & Cheese Sauce (A) Cookies Dinner Roll/Margarine Milk/Beverage	Cheesy Ham & Hashbrown Casserole Green Beans Mixed Fruit Cup with Whipped Topping Flaky Biscuit/Margarine Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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